

Please note that you are currently viewing our sample pages.

The cover will appear without this note on our website and when you purchase Edition I. Receive Edition I now via our website! All profits will be donated to the Greater Minneapolis Crisis Nursery.

<https://planetempower.square.site/>



PLANET

EMPOWER

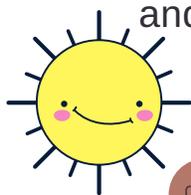
By Shira Aronow

Empowering the next generation
SUMMER EDITION



Do you LOVE summer? Yes!
Do you LOVE helping others? Of course!!

To be empowered means that you decide to take action, read, learn, and listen to others. You celebrate the differences that make us... well, us! Being empowered means joining in the work of healing the world to make it a little bit brighter for everyone. Anyone can choose to be empowered and to be a changemaker! This summer, let's empower together!



Coronavirus

Helping those directly and indirectly affected by COVID-19.



Education Gap

Making a difference from home!



Climate

Summer contributions to making a difference in the climate crisis.

AS FEATURED IN
MAPLE GROVE
MAGAZINE!

Get in touch:



@planet.empower

Visit us at:

<https://planetempower.square.site/>

PLANET EMPOWER

EDITION I

*Please note that all material is appropriate for all ages. Age recommendations are suggestions as to what ages would most benefit from and enjoy each activity. Parental oversight may be helpful during most activities.

July 16, 2020

table of contents



& TIME PER ACTIVITY, MATERIALS

Activity | Page(s)

Time, Materials

COVID-19 - HELPING HANDS | 1-7

ACTIVITY 1: RESOURCE DRIVE | (1)

1 HR PREP/2+ ACTIVITY

BOX TO COLLECT DONATIONS, FLYERS (OPTIONAL)

ACTIVITY 2: CARD MAKING | (2-6)

15 - 45 MINUTES

PAPER, CRAYONS, MARKERS, PAINT

ACTIVITY 3: RUN/WALK TO SUPPORT | (7)

1 HR PREP/1.5-5 HR ACTIVITY

FLYERS (OPTIONAL)

EDUCATION GAP | 8-11

ACTIVITY 1: BOOK DONATIONS | (9)

30 MINS - 3 HRS

BOOKS, CHECKLIST

ACTIVITY 2: NOTES/SNACKS | (10-11)

1-6 HRS (PT. 1/2 DEPENDENT)

PAPER, MARKERS/CRAYONS/PAINT, PAPER BAGS+SNACKS (OPTIONAL)

CLIMATE | 12-14

ACTIVITY 1: CO2 | (13-14)

1 HR + FURTHER ACTION

PHONE/COMPUTER/DEVICE WITH INTERNET

ACTIVITY 2: CLEAN UP (15-16)

4 -6 HOURS

GARBAGE BAG, GLOVES, CELL PHONE (OPTIONAL)

ACTIVITY 3: CREATIVE WRITING (17-19) 3 HOURS

PAPER, PEN/PENCIL, MARKERS, CRAYONS, STAPLER (OPTIONAL)

CLOSING | 20

We can work from home!

THE EDUCATION GAP

What is the education gap?

Also known as the achievement gap, the education gap defines inequalities that lead to differences in the academic performance of students based on certain identity markers, including socioeconomic status*, gender, and race. This means that some students do not have the same opportunity (chance) to do as well in school because of the set of qualities that make them who they are.

*Socioeconomic status is defined by factors such as the income and job of a parent(s), and the place where a person lives



**WHAT WE
CAN DO TO**

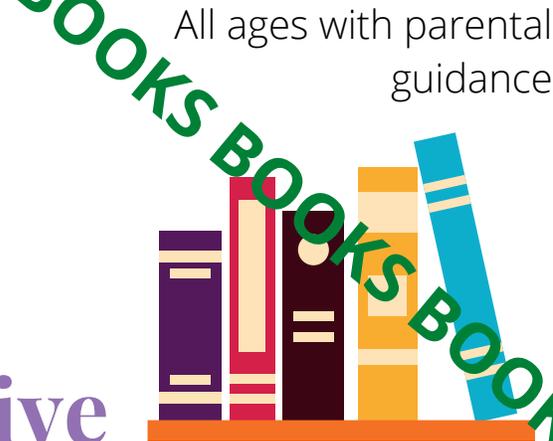
HELP

Helping ALL students to receive the resources they need, celebrate their accomplishments (see following pages)

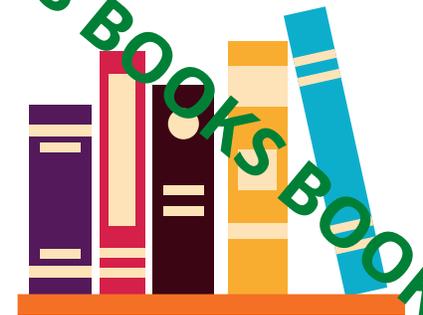


BOOK DONATIONS

SHARE YOUR LOVE OF READING!



Hold a book drive



Invite family and friends to bring over books that they have read and no longer need! Then, donate them to a local school or library - either will be happy to have books that you no longer need or use!



or

Look for books in your own house!

We all love to read! So, you have probably read a lot of books that you don't think you will read again... bring them to a local school or library for someone else who may not have as many books as you to enjoy!

and/or

Have a book scavenger hunt!

Challenge a sibling, parent, cousin, or friend to see who can collect books to donate from these categories the fastest (add as many categories as you want, and each competitor should check their box when they finish!):

- 4 books all from a different series
- 2 books from the same genre
- 1 book that is really funny
- 3 books that make you smile
- 1 book that you have read more than once
- 5 books that you know someone else would love
- **Bonus:** Every additional book that is donated!

Note: If schools do not take these donations or notes directly, be sure to look for local organizations who could use these contributions for the same cause.

All ages with
parental guidance

Part One:



Many children just like you are working hard in summer school!

Ask your parent or guardian to contact local schools to see if they could use notes to be passed along to students to support and celebrate their work, especially during distanced learning.

A note can really brighten someone's day, especially if they don't have a lot of family at home to cheer them on!



Recommended: reach out to the school administration, a parent association, if they have one, or the district (emails for all of the above can often be found on a school's website)

***Notes can also be included or given with/in snack bags (see part two below)**



Part Two:

In contacting local schools, seek out opportunities to donate snacks for students who usually receive free breakfast and/or lunch during the school year because they cannot otherwise afford meals.

Recommended: Purchase a pack of paper lunch bags (which can also be recycled!) and pre-packaged healthy snacks (i.e. healthy popcorn, fruit sticks, granola (bars), crackers, etc.) to include in every bag



We all need to have full bellies in order to do our very best, so this can make an especially big difference in a student's life!

***Decorate the bags with fun designs and nice messages using markers, crayons, and/or paint to make a student's day!**

